



HEALTH & BEAUTY

Feel free to Relax, Refresh and Revitalize! Relax and pamper yourself in Nelson Mandela Bay and surrounds with a superb range of Day Spa packages which are on offer. What better way to unwind, detoxify and rejuvenate your body, mind and spirit than to experience spa extravaganza treatments that have been designed to invigorate you in the wonderful soothing comfort of peaceful surroundings.

BUSINESS & CONFERENCING

Nelson Mandela Bay is a prime business plus destination, one that offers the MICE travellers, intimate business and conferencing facilities against a pristine natural backdrop and a host of diverse experiences including malaria-free big 7 experiences within close proximity of the city and beach.

ITINERARY OPTIONS

ARRIVING IN THE AFTERNOON:

1. Port Elizabeth Micro brewery tour
2. Sunset beach tour with drinks
3. Afternoon Route 67 walking tour
4. Afternoon city tour
5. Afternoon Sacramento Tour
6. Port Elizabeth wine tour
7. Boardwalk tour



HALF DAY MORNING TOURS

+ 3 hours (available from 6:00 to 12:00)

1. St. Croix Island tour (Penguins, dolphins, whales etc.)
2. Cape Recife Nature reserve, Lighthouse and South African Marine Rehabilitation Centre tour
3. Mohair experience
4. Route 67 walking tour
5. Cultural Township Tour
6. Historical City tour
7. PE Museums Tour
8. VW Auto Pavilion automotive tour
9. Kragga Kamma Game Park including a Cheetah interaction
10. Horse riding adventure through Sardinia Bay Nature Reserve to beach and back
11. Experience a wide variety of Adventure from Surfing classes, scuba diving, speed boating, Sandboarding, Sand Sledding, Helicopter flips, Quadbiking, Double Ziplining, Cycling etc.
12. Choose from a variety of Golf Courses for a morning of golf
13. Elephant back riding
14. Woody Cape & forest tour (largest coastal dune fields in Southern Hemisphere.
15. Explore the sunshine saunter tour
16. Get the Nelson Mandela Bay Pass for a variety of experiences. This offers exceptional value for money!
17. River Cruise on the Sundays River
18. Heritage Tours
19. Freedom Tours

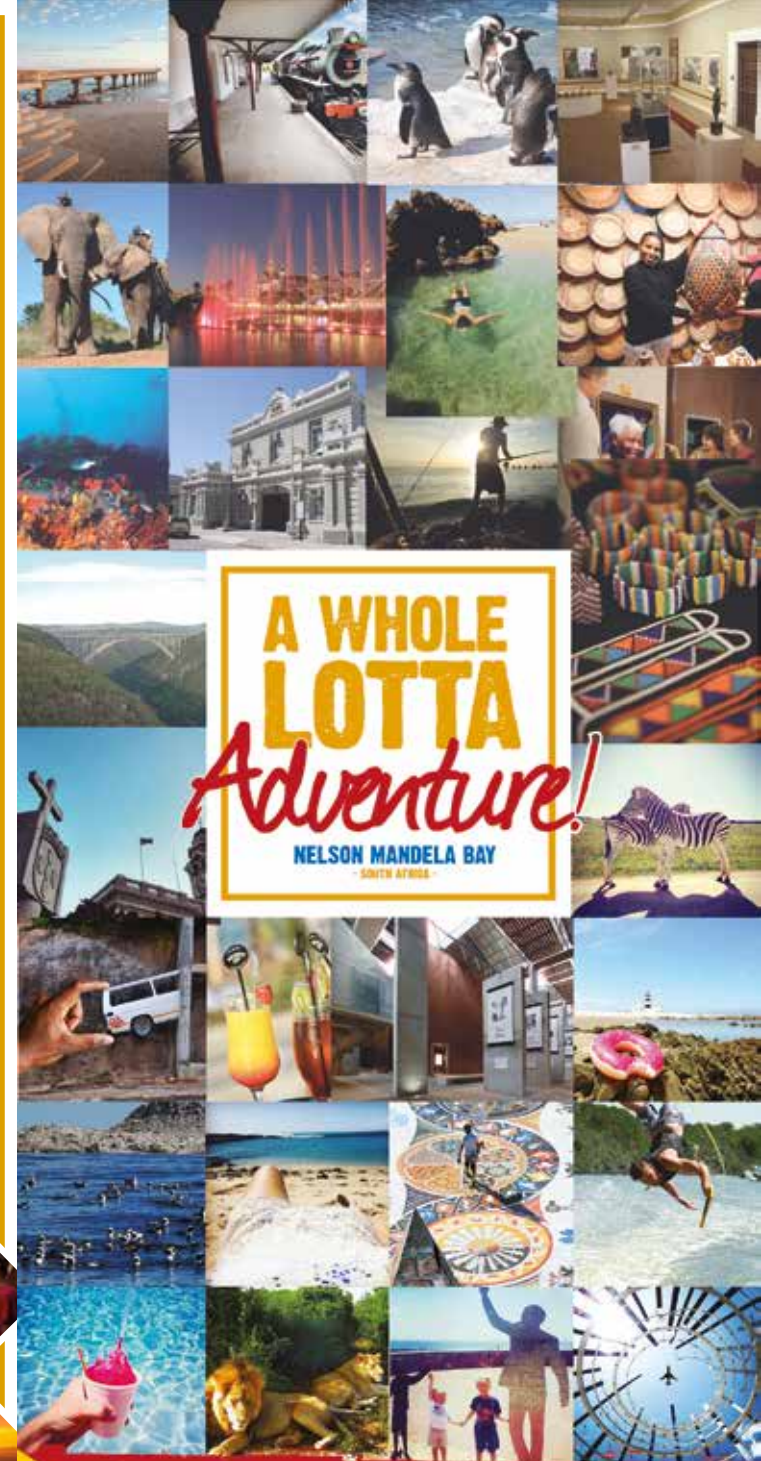
For itinerary options mentioned and full day and longer itinerary options including day safaris please contact us or visit the trade section on www.nmbt.co.za

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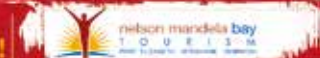


A WHOLE LOTTA Adventure!
 NELSON MANDELA BAY
 - SOUTHERN AFRICA



A WHOLE LOT MORE!

For more amazing offers by the residents of Nelson Mandela Bay see @NMBT on Instagram or Twitter



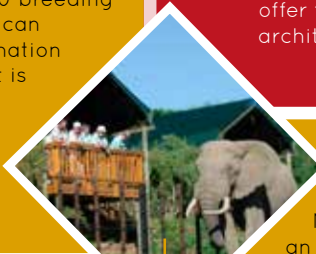
Website: www.nmbt.co.za

Nelson Mandela Bay, home to Port Elizabeth, Uitenhage and Despatch is the only metropolitan area that was allowed by the former president to bear his name. The area is renowned for its big 7 safari's , has, 5 of the 7 biomes of South Africa and boast a marine biodiversity second to none. This includes the largest colonies of African penguins and cape gannets in the world. Nelson Mandela Bay, is located 763 km east of Cape Town, is regarded as the "official" gateway to the scenic Eastern Cape Province and the world renowned Garden Route.



COASTAL & BEACHES

Algoa Bay, the coastal region of Nelson Mandela Bay, boasts 40 km of magnificent golden beaches as well as one of the most diverse marine eco systems in the world. This includes islands with most importantly the largest Cape Gannetry in the world (110 000 breeding pairs) as well as over 50% of the worlds African Penguin population. With its perfect combination of warm water, calm sea and fair breezes, it is one of the best sailing venues in the world and a Mecca for all beach and water sport enthusiasts. Water temperatures vary between 18 and 21 degrees Celsius during summer and 14 to 19 degrees Celsius during winter.



WILDLIFE & NATURE

From rocky shores to indigenous floral fynbos, from stretches of golden beaches and unspoilt sand-dunes to lush indigenous forest and untamed wilderness areas, the nature reserves within, and on the outskirts of Nelson Mandela Bay offer a wonderful range of options to the great outdoors. Big 7 and other safari's in and around Nelson Mandela Bay is an activity everyone should enjoy. The numerous game reserves in and around the city offer the perfect mix of fauna and flora. These splendid, sometimes untouched areas are developing into some of South Africa's main game viewing destinations.

ADVENTURE & SPORT

Nelson Mandela Bay offers excellent and varied sporting facilities and the city hosts numerous exciting sports events all year round. The many different sport clubs cater for a variety of all-year or seasonal sport activities such as: squash, volleyball, badminton, tennis, roller hockey, cricket, motor-racing, horse-racing, soccer, hockey, golf, bowls and rugby.



HISTORICAL

Nelson Mandela Bay bears the rich legacy of an area which saw the first meetings of Khoisan, Portuguese, British, Dutch, German and Xhosa people. As the landing place of the British Settlers, it boasts some of the finest architectural attractions in South Africa. Various historical and speciality tours are on offer to showcase the many buildings of rich architectural and historical importance.

ARTS & CULTURE

Nelson Mandela Bay offers an ethnic mosaic of arts and culture, typical of its inhabitants. European culture is evident in grand Edwardian, Victorian and Art Deco architecture citywide. Numerous arts and craft centres display a variety of locally produced artworks. Township tours personally introduce visitors to Xhosa culture. The centrepiece of Nelson Mandela Bay's arts and culture industry is right in the inner city known as the Arts Journey - which includes exhibitions and showcases on Route 67 and at the Athenaeum gallery, ArtEC, the Nelson Mandela Metropolitan Art Museum, South End Museum and Ron Belling Gallery. The Donkin Reserve is home to multiple pieces of public art that form part of a collection of 67 pieces of art throughout the city. The "Route 67" arts journey celebrates the 67 years of Nelson Mandela's political life through a visual collection of works produced by local artists.



ENTERTAINMENT & SHOPPING

Nelson Mandela Bay is the ideal fun, entertainment and shopping destination; offering various kinds of entertainment to suit every age, personality and individual. Enjoyable evening entertainment include sundowners' cruises, nightclubs, award winning cocktail bars, late night music spots, fine art theatre performances, movies, restaurants and cultural performances.



AGRICULTURE

The Eastern Cape is well known for its oranges, prickly pears, angora goats and dairy farms. Ostrich farming does exist but on a smaller scale. The Eastern Cape is however highly successful when it comes to wool and mohair. The province, and particularly Nelson Mandela Bay, has succeeded in establishing South Africa as a world leader in these sectors. South African mohair is regarded as some of the highest quality in the world.

